

CELL NOTES 19/7/10

ICE BREAKER

What would be your favourite meal to prepare for guests or is that not “your thing”?

THEME

Jesus is the guest of two sisters

Reading; Luke 10 : 38 – 42

SERMON OUTLINE

- 1) Do you feel Martha gets a raw deal?
- 2) Mary and Martha had very different temperaments and were apt to clash.
- 3) The same family appear in John 11 & 12 where it is obvious Jesus loves them both (John 11: 5).
- 4) What Jesus is saying is “Keep your focus on me. – whatever your temperament you can easily be distracted.”
- 5) Marthas may be distracted by too many projects, Marys by too much introspection.
- 6) The potential for distraction for us all is huge – family, work, the desire to please, idleness. idolatry etc. etc.
- 7) Need to cultivate listening “on the way” being available to Jesus, taking seriously the inner whispers, holding on to what hits us from the Bible, sermons, conversation etc.
- 8) v42 1 thing is needed. Is there one thing He is saying to you at present?
- 9) v41 – worry and upset. The antidote is in v42.

QUESTIONS OF APPLICATION

- 1) Are you more Martha or Mary? How do you feel about the other type?
- 2) How do balance e.g. family, work etc with sitting at Jesus feet, without the former becoming distractions?
- 3) What are you most likely to be distracted by?
- 4) Is the lord saying one thing to you?